

Assessment for nutritional status in secondary school children rural areas in Mehsana district

Dissertation for the Degree of Master of Science

Foods and Nutrition

By

Jaya B Rabari

Under the Guidance of

Ms. Krishna D. Thakkar

Asst. Professor

Department of Home Science

Children's University, Gandhinagar

Year 2021-2022

Abstract:

Among the Indian, secondary school going children in the age group of 14-16 years possess the existence of double burden of underweight and overweight. The fundamental importance of the parents and society is the health of children because today's children are the citizens of tomorrow's world. As we all know our population consists 40 percent of children age group covers secondary education. The present work is on prevalence of malnutrition in school going children. The main objective and focus of this study is to find out the prevalence and factors associated with nutritional status among school going and adolescents boys and girls 14-16 years of age. To achieve the objectives the following parameters were selected. Sample selection for present study, samples were selected from Government schools situated in and around Mehsana district (Gujrat) of India.

The main aim of the present study is to assess nutritional status of children community, map out the magnitude's geographical distribution of malnutrition, to identify, analyses direct or indirectly influencing factors for malnutrition. To suggest appropriate measures to overcome malnutrition.

Keywords: Children, School, Children, Education, Malnutrition